

TOMATOES



CLIMATE CHANGE



How tomatoes are grown, transported and consumed can contribute to climate change.



WATER

Tomatoes are 93% water.



WORLD TRAVELLERS

Tomatoes are grown and eaten all around the world.



WORKERS

Many of the fresh tomatoes eaten in salads and sandwiches were picked by migrant workers.

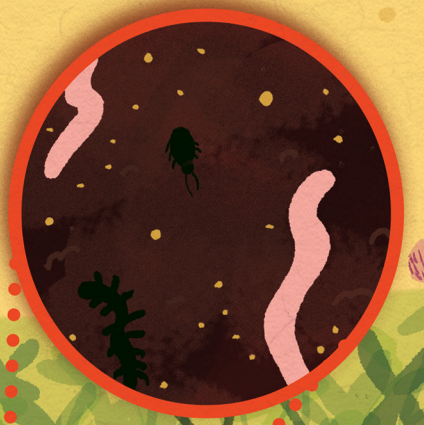
BIODIVERSITY

Did you know that tomatoes come in all shades of the rainbow, from deep purple to bright yellow and even blue?



PROCESSING

All the tomatoes grown in Canada that become ketchup and pizza sauce are grown in Ontario - unless you make them at home, then they come from your garden!



SOIL HEALTH

Healthy soil is teeming with life - worms, beetles, fungi and bacteria - and grows tasty, nutrient-rich tomatoes.



The Central Kootenay Food Policy Council acknowledges the support of the Real Estate Foundation of British Columbia and of the Columbia Basin Trust.